

Fabulous food tour in Caprignana

Ex-pat Buzz McCarthy is hosting a ten-day Fabulous Food Tour at her beautiful villa 'I Cinghiali' in Tuscany. Just imagine it: ten days in Tuscany, staying at a meticulously restored villa amid spectacular scenery, enjoying the very best artisan Italian food, dining your way around the region and enjoying cooking classes and world-class gourmet meals with a group of like-minded individuals.

All this in an un-spoilt valley, dotted with picturesque villages but (thankfully) lacking a motorway and the inevitable tourist traps. It sounds like every foodie's dream come true!

Buzz bought the picturesque villa, near Caprignana in northern Tuscany, 18 years ago with her husband. Its name means "the wild boars", and the valley of the Garfagnana is considered one of Tuscany's best-kept secrets.

New South Wales chef Georgiana Adamson prepares all meals eaten



at the villa and conducts cooking classes in the adjoining restored barn. It's Buzz's job to ensure that it all runs smoothly.

In addition to the food-focused activities like market and restaurant visits, classes and picnics, there are visits to villages, towns and cities throughout the region, walks in the surrounding hills, and plenty of time to sit on the terrace with a glass of local wine and admire the view at day's end.

Guests are responsible for their transport to and from Pisa, the pick-up and drop-off point for the tour. Other than that, the cost of the Fabulous Food Tour includes

all transport to and from activities, classes, meals (except one lunch during a day-trip), wine and you will be a guest in Buzz's superb villa and share her 18 years of experience with the local culture.

The Fabulous Food Tour is held from 24 May to 3 June 2006. There are only eight to ten places available and bookings must close 24 March 2006. The cost is \$4,900 twin share (single supplement applies) and airfares to and from Italy are not included.

For information and bookings, visit www.italianexperience.com.au or contact Buzz McCarthy on 03 9822 9447 or 0414 510 474.